

LEARNING AT ALDEBURGH LIBRARY

Programme of Courses

and

Application Form

January - May 2018

WELCOME TO THE SPRING BROCHURE

In this new Brochure you will find that a number of our popular courses continue with our regular tutors. There is also the return of more 'seasonal fare' with courses on 'Spring Birds' and 'Wild Flowers and Insects'. An unmissable one-off evening event for the Library Foundation is planned for 31st January; Lynne Walker will be discussing 'Leadership in Politics'.

Our regular 'Meet the Tutors' on Pages 14 and 15, gives a glimpse of the experience, knowledge and skill that all our tutors bring to their courses – space prohibits a fuller description. We also welcome a new tutor to ALF: Sue Pine is offering a course on Philosophy. We hope you enjoy whichever of the courses you choose; and again thanks to you to all – tutors, students and Friends (see below) - who support the Library and help to secure its continuity.

COURSES JANUARY - MAY 2018

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Friends of Aldeburgh Library (FOAL)

The Friends scheme makes an additional and valuable contribution to supporting the expanding vision for our Library. Joining is voluntary and if you are not yet a member of FOAL, a special offer now applies with a reduced membership fee of £10.00 until 31st March 2018. Loyalty Card leaflets are available at the Library, Aldeburgh Cinema and in the shops and businesses that are members of the scheme.

IMPORTANT COURSE INFORMATION

Closing Dates for Course Applications

- Spring Term 2018 (January March 2018) will be 15th December
- Summer Term 2018 (April May) will be 3rd March 2018

Based upon past recruitment, early application is recommended.

The Terms are to be found on Page 11, do please read these; and the Application form is on Page 13. You will notice a slight increase in course fees; this is to enable us to offer our Tutors a small increase in their hourly rates.

You will normally be contacted before the start of a course. If you don't hear from us please assume you are on the course(s) you applied for.

Questions and Queries

- Abi Hassett is your contact for any questions regarding either Courses or the Friends of Aldeburgh Library (FOAL) membership. Abi can be contacted either at foalaldeburgh@gmail.com or 01394 421769 (between 09.00 and 17.00)
- Abi will be also available at the Library to answer questions, take bookings and payment on the following Fridays from 10.30am- 12.30pm 24th November, 1st December, 8th December, 15th December and 5th January, 12th January 2018

Course Venues

Unless otherwise stated, Courses will take place in the Library.
 However, the Church Hall and Imogen Holst Room, The Red House and the Darfield Gallery, Wentworth Hotel, Aldeburgh are also being used.
 Please remember to check.

THE PROGRAMME OF COURSES FOR SPRING 2018

WHAT'S ON MONDAYS?

ALF 209 Zumba 9.30am - 10.30am

Tutor: Coral Stebbings Fee: £80.00

8th January – 12th March (ten sessions)

Venue: The Church Hall, Aldeburgh

A Dance Fitness class mixed with a hypnotic fusion of Latin style music and moves. It's Easy, It's Fun, and It's Exercise in Disguise. Increase your strength and stamina, your fitness and your energy levels. It's a class with a 'feel good' factor'. Wear good fitting arch support trainers and comfortable work out clothing. All

you need is a drink and a smile! Maximum no: 20

ALF 210 Zumba 9.30am - 10.30am

Tutor: Coral Stebbings Fee: £32.00

9th April – 30th April (four sessions)

The Course description and venue is the same as for the above (ALF 209); you can book for both courses together.

Maximum no: 20

ALF 211 Yoga 11.00am - 12.30pm

Tutor: Louise Mangeot Fee: £125.00

8th January – 12th March (ten sessions)

Venue: The Church Hall, Aldeburgh

Whatever your age or physical ability, yoga exercises will enhance your physical and your mental wellbeing. The course will help you to improve your posture, postural alignment, strength, suppleness and balance. The focus and the quiet concentration is an excellent way to start the week. Wear loose clothing and you will need to bring a yoga mat.

Maximum no: 15

ALF 212 Yoga 11.00am - 12.30pm

Tutor: Louise Mangeot Fee: £37.50

9th April – 30th April (three sessions) *No class on 23rd April*

The Course description and venue is the same as for the above (ALF 211); you can book for both courses together.

Maximum no: 15

WHAT'S ON TUESDAYS?

ALF 213 Developing Pen and Wash

Tutor: Susan Boddy

17th April – 15th May (5 sessions) Venue: The Church Hall, Aldeburah

In this course we will firstly revise the wide range of marks that can be made with various types of pens - steel nibbed, felt tip, brush and dip pens and a bamboo stick with ink. You will be encouraged to find your style either with loose washes and pen or developing a more illustrative approach. When the weather is fine we will work on pen drawings of interesting scenes around Aldeburgh. We will use one session to emulate the style of one of the following artists - Moira Huntley, Hugh Casson, Paul Hogarth or David Gentleman.

Maximum no: 12

1.15pm - 3.15pm

Fee: £96.00

10.00am - 1.00pm

Fee: £120.00

ALF 214 Conversational Spanish Tutor: Adrian Nicholson

9th January – 27th March (12 sessions)

Learn Spanish in an interactive and fun way that will enable you to converse with growing confidence and fluency! The course is aimed at those who, while having a grasp of the basics, have not proceeded far beyond the early intermediate stage. You should be able to understand something like: 'Quiero aprender español porque voy a España en septiembre.' On the other hand, if you find the following easy to understand, the course may not be for you: 'Aunque haya ido muchas veces a España, todavía no domino bien el idioma.' Each class focuses on an everyday situation and puts into practice the relevant language using games and role play. A part of the class is set aside for grammar and work sheets are provided for study at home in preparation for the next week. To further stimulate enjoyment of and interest in all things Hispanic and Latino, we shall also look at aspects of life and culture in the Spanish-speaking world.

Maximum no: 12

1.15pm - 3.15pm

ALF 215 Conversational Spanish 17th April -22nd May (6 sessions)

Tutor: Adrian Nicholson Fee: £48.00

The Course description is the same as for the above (ALF 214); you can book for both courses together. Maximum no: 12

ALF 216 20th Century British Poetry

Tutor: David Read

9th January - 13th February (six sessions)

From modernist experiment to post-modern playfulness; from Georgian convention to free-verse confession, and from Edwardian poetry of empire to post-imperial multiculturalism, the course will explore the extraordinary diversity of British poetry in the 20th century. The variety of modes in which 20th century poets found their individual voices reflects the rapid process of change in technology, ideas and the nature of British society itself. The course will consider some of the key movements that influenced the development of poetry as well

3.30pm - 5.30pm

3.30pm - 5.30pm

Fee: £48.00

as focusing on the work of major poetic figures. Maximum no. 20

Tutor: David Read Fee: £48.00

20th February – 27th March (six sessions)

ALF 217 Expressionism in Cinema

German Expressionism exerted a major influence on the development of film in terms of style, technique and subject matter and laid the foundations for a range of genres from film noir to American Gothic. Starting with examples of the Expressionist cinema, such as *The Cabinet of Dr Caligari* and *Nosferatu*, we will go on to examine the influence of the movement on the work of later film makers such as Billy Wilder, Alfred Hitchcock, Charles Laughton, Carol Reed and Tim Burton.

Maximum no: 20

ALF 218 'The pup that roared': 3.30pm – 5.30pm

British drama in the fifties and sixties

Tutor: David Read Fee: £48.00

17th April – 22nd May (six sessions)

When Kenneth Tynan described Jimmy Porter in *Look Back in Anger* as 'the completest young pup in our literature since *Hamlet*,' he signalled a radical change in British theatre. Inspired by the opening of Samuel Beckett's *Waiting for Godot* at the Arts Theatre in 1955 and the first visit to London of Bertolt Brecht's Berliner Ensemble in 1956, a new wave of British playwrights, including both 'Absurdists' and 'Kitchen-sink realists,' threatened to erode the complacencies of the old guard. This course will look at the work of some of the key playwrights of the period, including John Osbourne, Shelagh Delaney, Arnold Wesker, Harold Pinter, Tom Stoppard and Joe Orton, and the impact their work had on the development of British drama.

Maximum no: 20

WHAT'S ON WEDNESDAYS?

ALF 219 Making an Opera

Tutors: Drs Nick Clark & Lucy Walker

17th January – 7th February (four sessions)

Venue: The Red House, Golf Lane, Aldeburgh IP15 5PZ

A 4-week course, led by Dr. Lucy Walker and Dr. Nick Clark of the Britten—Pears Foundation, on the construction of Britten's operas: from earliest inspiration and the commissioning process, through to the gathering of the creative team, the logistics of stagecraft, and the sometimes fractious negotiations with the opera house. Using four of Britten's operas as case studies - The Rape of Lucretia, Albert Herring, Gloriana and Nove's Fludde - we will have the opportunity of looking at a wealth of archival material in order to understand the vast and complex process involved in getting an opera from page to stage.

Maximum no: 12

1.00pm - 3.00pm

10.30am - 12.30pm

Fee £32.00

ALF 220 Spring Flowers and Insects

Tutor: Steven Massev

Fee: £ 40.00 18th April – 23rd May (five sessions) No class on 16th May

Over the 5 meetings, we will visit various local sites: that is woodland, heathland and coastal habitats, to identify spring wildflowers and early insects.

Maximum no: 12

ALF 221 E.U and Brexit

Tutor: Paul Bongers de Rath

25th April – 9Th May (three sessions)

6.00pm -8.00pm

Fee £24.00

This course will take place just less than a year before the UK's membership of the European Union is due to come to an end. Negotiations about the terms of Brexit have been tortuous, and the likely outcome is impossible to predict - as are its political repercussions both domestically and internationally. The purpose of these three discussion sessions will be to examine the issues arising from Brexit and trace the likely way forward, primarily for the UK but also for the EU as a whole. It is possible that there could be major political turmoil between the time of writing this description and the start of the course - but there will certainly be much to discuss whatever happens! Maximum no: 25

ALF 222 'Leadership in Politics': from Abraham Lincoln to Theresa May Wednesday 31st January 2018 6.00pm – 8.00pm

Lynne Walker Fee: £12.00

Venue: The Church Hall, Aldeburgh

The world is full of aspiring political leaders but sadly very few live up to the leadership ideals. Many political leaders seem to severely lack some of the most important leadership qualities, such as integrity and accountability. Come along and discuss whether history and the present day show us that there are some good examples of an effective political leader.

Maximum no: 70

WHAT'S ON THURSDAYS?

ALF 223 Birds in Spring 1.15pm - 3.15pm Tutor: Mike Swindells Fee: £48.00 19th April – 24th May (six sessions)

This course is mainly for beginners and improvers, but will provide items of interest to all. We will cover some identification, but the course will not be just a catalogue of species. Although there will be much about spring arrivals, each week will include a general topic relevant to many or all species and seasons. I want the course to be more of a discussion group than a series of lectures, and the final week can be a topic of your choice, for which I will make suggestions if needed. I will also arrange a couple of fairly short local bird walks for those interested, but these will be additional to the official course. **Maximum no: 12**

ALF 224 Issues in Medical Ethics 1.15pm - 3.15pm
Tutor: Sue Pine Fee: £48.00
22nd February – 29th March (six sessions)

This engaging course examines the crucial ethical issues raised by modern advances in medical science. We will incorporate the main ethical theories and ideas of significant philosophers into our sessions. There will be plenty of time for discussion. There will be a session on each of the following: Abortion; Euthanasia; Assisted Reproduction; Organ Donation; Gene therapy and stem cell research; Cloning.

Maximum no: 20

ALF 225 Wagner's Ring Cycle

Tutor: Chris Milton

11th January – 15th February (six sessions)

6.00pm – 8.00 pm

 $6.00 \, \text{pm} - 8.00 \, \text{pm}$

Fee: £48.00

Fee: £48.00

Der Ring des Nibelungen stands as one of the most significant artistic achievements of all time - an epic musical and dramatic undertaking of monolithic proportions. Written over 26 years and lasting more than 14 hours in total, the four operas are the ultimate embodiment of Richard Wagner's theories of music, art, philosophy and society and are rich in metaphor, metaphysics and meaning. If you 'know' the Ring, would like to or feel simply daunted by its sheer scale and need to know a way in then this is the perfect course for you. Over six weeks we will examine and explore the contextual issues underpinning this work and navigate our way through complex plots, musical networks and teutonic allegory.

Maximum no. 30

ALF 226 Gilbert and Sullivan Tutor: Chris Milton 22nd February – 29th March (six sessions)

A by-word for musical amateurism and hackneyed rhythms and rhyme-schemes, Gilbert and Sullivan are in fact much more subtle and nuanced with a farreaching impact on the development of satire, musical comedy and theatrical presentation. Sir Arthur Sullivan (the music) and WS Gilbert (the words, the story, the staging and everything else!) were two very different men - just how did these two contrasting figures from very different worlds collaborate to produce a string of enduring works that embody the High-Victorian age? Over six weeks we will explore all fourteen of their collaborations (the ubiquitous *The Mikado* to the obscure *The Grand Duke*) and discover a deeper vein of thought than the surface triviality might suggest. Sharpen your satire for a Topsy-Turvy course, tra la!

WHAT'S ON FRIDAYS?

ALF 227 Conversational German

10.30am - 12.30pm

Tutor: Gabrella Wetzl

Fee £80.00

12th January – 16th March (ten sessions)

Venue: Darfield Gallery, Wentworth Hotel, Aldeburgh

Would you like to brush up your German skills while chatting, reading and even singing? If so, you might well enjoy our mixed ability group. We've started out with simple language and are gradually moving upwards.

We aim to immerse ourselves in the German language: learning through active use with plenty of practice in all skills: reading, writing, listening and speaking - naturally without neglecting those niggly grammar points.

Maximum no: 12

ALF 228 Conversational German

10.30am - 12.30pm

Tutor: Gabrella Wetzl

Fee £40.00

20th April – 18th May (five sessions)

The Course description and venue is the same as for ALF 227 (overleaf); you can book for both courses together.

Maximum no: 12

ALF 229 Conversational Italian

1.15pm - 3.15pm

Tutor: Gabriella Cordaro

Fee: £80.00

12th January – 16th March (ten sessions)

Our motto is learning Italian through active use and practice in all major skills of listening, speaking, reading and writing. Ours is a relaxed, informal environment of mixed ability students where you are encouraged to participate in discussions whatever your level - and even show off your singing skills! Basic grammar rules are naturally part of the schedule.

Maximum no: 12

ALF 230 Conversational Italian

1.15pm - 3.15pm

Tutor: Gabriella Cordaro

Fee: £40.00

20th April – 18th May (five Sessions)

The Course description and venue is the same as for ALF 229 (above); you can book for both courses together.

Maximum no: 12

ALF 231 iPad Improvers

3.30pm - 5.30pm

Tutor: Wendy Gilbert

Fee: £40.00

23rd February – 23rd March (five sessions)

The iPad Improvers course is suitable for people who have completed the iPad Beginners Course or who are comfortable with their iPads. The course aims to improve knowledge using Face time, camera applications, Air and the iCloud, along with a range of applications. All participants must already have their iPads set up with their email address and be able to use the App Store. *Please bring your own Apple iPad and your password.*Maximum no: 10

Terms & Conditions for Aldeburgh Library Foundation Courses

We have set some standard terms of booking for all participants to ensure that courses remain viable and we can fulfill our contractual commitments to our Tutors. Please note that in booking a place on these courses, you will be committing yourself to the following conditions.

- Courses are open to everyone aged 16 years and over.
- To secure your place, courses must be **booked** and **paid for in advance** of the course start date. Your application will be held with others until we know that particular course will run. Your cheque will only be cashed once you have been notified of your confirmed place on the course.
- Courses must be booked as a whole course and cannot be booked as individual sessions. Fees are non-transferable and cannot be carried forward from course to course.
- We do not offer refunds and any missed sessions in a course cannot be refunded separately.
- Cancellations by one or two people can mean the cancellation of the whole course; we have reluctantly introduced a policy that means cancellations within 14 days of the start of a course or 'no shows' will normally be charged at the full course fee.
- Places are subject to availability and given the popularity of certain courses, you may be put on a waiting list.
- If you are unable to attend a course, your space cannot be guaranteed at the same class on a future course, but you are always welcome to re-apply.
- We will normally notify you of the outcome of your application; however, if you don't hear from us please assume you are on the course.
- Due to emergency or unforeseen circumstances we may need to reschedule the date, day of the week or time of a session at short notice. We will always do our best to contact you in advance.

Data Protection Act 1998

Aldeburgh Library Foundation (ALF) collects, stores and processes personal data about students for the purpose of administering and managing the educational programme. Data is stored on one machine with a backup record for safety and security. We do not disclose your data to third parties. In signing the Course Application Form and the FOAL form you are stating that you understand and agree to ALF using your data to create and maintain records in accordance with the Data Protection Act 1998.

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COURSE APPLICATION FORM

The closing date for courses beginning in January 2018 is 15th December 2017.

SURNAME	<u>- </u>	
FORENAM	1E	
ADDRESS.		
		
POSTCODETEL:		
Email		
Date of this application		
COURSE CODE	COURSE TITLE	FEE £
	Cheques should be made payable to: Aldeburgh Library Foundation. Please return applications to Aldeburgh Library, Victoria Road, Aldeburgh IP15 5EG. Please mark your envelope 'Spring Courses'	Total

We DO NOT share your contact details with any other organisation. We will only contact you with information that we consider relevant to courses, the Library and the Foundation.

Meet the Tutors

Susan Boddy has been painting in watercolour for 17 years and more recently in acrylics. She leads weekly courses and workshops in the area and is in demand to work with local art groups organising workshops and giving demonstrations. Susan is a regular tutor at Tindalls Art Shop, Colchester. Since 2006, she has had four solo exhibitions and her work is regularly exhibited locally. She has lived in East Anglia all her life and is constantly inspired by the beautiful landscape.

Paul Bongers de Rath was founder director of the Local Government International Bureau, whose major focus was on EU information and lobbying. Since retirement he has been an active member of the European Movement, and has also carried out consultancy work for the Cities of Bremen and Barcelona and the United Nations Centre for Human Settlements.

Nick Clark PhD is the Librarian at the Britten Pears Foundation. During the first part of his career he taught a range of courses focussing on all major periods in English Literature. In 2002 he switched fields professionally and came to work at the Library and Archive at The Red House, Aldeburgh.

Wendy Gilbert has successful experience of teaching classes at the library, and elsewhere in the area.

Louise Mangeot is a highly experienced Yoga teacher and Yoga for Sports Coach. She works with all levels of ability from athletes to the elderly and draws on 30 years of teaching experience underpinned by training and personal practice.

Steve Massey has an enduring interest in the natural world and its varied wildlife, especially wildflowers. Steve works part time at RSPB Minsmere and has led walks and identification courses for various Wildlife Trusts and other organisations. This will be Steve's 5th year leading courses at Aldeburgh Library on wildflowers, seeds and berries as well as insects.

Chris Milton is the Director of Music at Woodbridge School and has been giving highly successful courses on music at Aldeburgh Library since 2012. He read music at Oxford and Cambridge and previously worked in Aldeburgh at the Britten-Pears Foundation.

Adrian Nicholson is our Spanish tutor and you may have heard him playing the classical guitar at a variety of local venues.

Sue Pine is a specialist in Religious Education and Philosophy. She was a high school head of RE for seventeen years. Nowadays she concentrates on adult education and teaches Philosophy for the WEA and Coastal Leisure Learning. She also teaches classes in the ancient Chinese exercise system, Chi Kung.

David Read is a freelance tutor with a background in adult and higher education, specialising in Literature and the Visual Arts, a playwright whose work has featured on BBC Radio and in theatres.

Coral Stebbings is a local, popular, well-known and very experienced dance teacher, examiner and fitness instructor.

Mike Swindells is an ageing Aldeburgh birder (his description) who volunteers for the RSPB, Suffolk Wildlife Trust, and the British Trust for Ornithology. His activities have a scientific bias and are based mainly on bird ringing (in the delightful surroundings of a sewage works) and breeding surveys. He is a qualified trainer for new ringers, and also gives talks to various organisations.

Lucy Walker PhD is the Director of Public Programming and Learning at the Britten-Pears Foundation. Her day job finds her running the extensive events programme and overseeing learning projects at The Red House, and she makes occasional appearances as a speaker for other organisations - such as Snape Maltings, Glyndebourne, Britten Sinfonia and English Touring Opera. Outside work, her main interest is films and cinema history, mainly from the 'classic' Hollywood era, but also British cinema and more contemporary films.

Lynne Walker completed her work as Chair of ALF in November 2016 and is now Chair of the Trustees of Pancreatic Cancer UK. As one of the rare survivors of this disease, she is determined to drive forward improvements in research, access to treatment and better care for everyone. She is also our very popular tutor for American Presidential Elections and politics and current affairs.

Gabriella Wetzl - Cordaro read German and French at Exeter University in the 1980s and was comfortably bilingual in German by the end of her studies. She has maintained her fluency and love for the language over the years. Following her degree, she moved to Italy in 1987 where she lived and worked as a teacher for over 30 years. She has dual Italian-British nationality and speaking Italian is second nature to her.

ALDEBURGH CAFÉ

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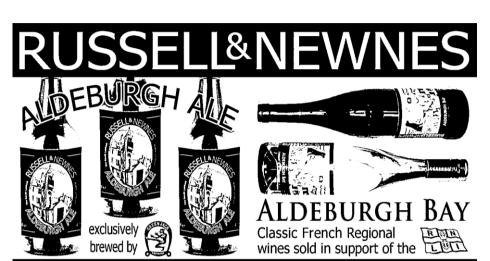
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